

**Please Note:** Classes require a minimum of 3 swimmers to run. Any classes with less than 3 swimmers may be cancelled on the week before the start date of the program. Registration and class transfers end on October 1st. No classes on TBA.



## Preschool

Strollers are not permitted on the pool deck.



**Starfish** (4 to 12 months)  
Parents learn how to recognize when their child is choking and the children are introduced to basic arm and leg movements.



**Duck** (12 to 24 months)  
Parents are shown how to respond if their child is choking. Children are introduced to floats and glides.



**Sea Turtle** (24 to 36 months)  
While learning basic swimming skills, children work towards becoming independent of their parent or caregiver. **PREREQUISITE: MUST** be 2 years of age at the start of the program.



**Sea Otter** (3 to 5 years)  
This is the first level for children 3 - 5 years old without a parent in the water. Children learn how to float and glide with assistance and go under water without goggles. **PREREQUISITE: MUST** be 3 years of age at the start of the program. Children must be 3 feet tall in order to stand comfortably.

\*Note for Sea Otter and above:

1. Please be sure your child is ready to participate without parent in the water.
2. We cannot pre-arrange male or female instructor for classes.



**Salamander** (3 to 5 years)  
Children learn how to float, jump-in, and swim on their own. **PREREQUISITE: COMPLETED SEA OTTER.**



**Sunfish** (3 to 5 years)  
Children work on doing glides by themselves, swimming 5 meters, and are introduced to deep water. **PREREQUISITE: COMPLETED SALAMANDER**



**Crocodile** (3 to 5 years)  
Children work on swimming in deep water, learn dolphin kick, and progressions for front crawl. **PREREQUISITE: COMPLETED SUNFISH**



**Whale** (3 to 5 years)  
Children continue to work on skills in deep water and are taught basic front crawl. **PREREQUISITE: COMPLETED CROCODILE**  
\*Swimmers will spend the majority of their class in the main pool.

**FEEES FOR SWIMMING LESSONS**

**\$58.00 /child**

30 minutes/  
10 classes

## Aquatic Kiddie Capers Preschool

(Ages 3-5yrs) – Playtime and Swim time! Come make new friends, play games, make crafts, read stories and swim. Please note this is an unparented program. **PREREQUISITE: min age of 3 & toilet trained.**



**Starts:** September 11th  
**Time:** (1) Monday, 9:15am-11:45am – 72520  
(2) Tuesday, 9:15am-11:45am – 72521  
(3) Wednesday, 9:15am-11:45am - 72522  
(3) Thursday, 9:15am-11:45am – 72523  
(4) Friday, 9:15am-11:45am - 72524

**Cost:** \$77.00 / 10 classes

## Assisted Family Swim

We are offering a program developed for children with special needs and their families where the instructor will assist with teaching basic skills. Our goal is to provide a safe, fun, and engaging experience for families in the metro area.

**Starts:** TBA  
**Time:** TBA  
**Cost:** TBA

# Red Cross Swim Preschool

For a lifetime of healthy and safe fun around the water!



**PLEASE NOTE:**  
Classes start  
September 11th

8-level program for children 4 months to 5 years of age. This eight-level program allows your children to enter levels based on their age and abilities. Each level is built around an aquatic animal theme and has its own mascot, which will make learning engaging and fun for young children.

Bare feet and deck shoes ONLY on our pool deck. Please shower head to toe before entering our pool.

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Starfish	9:30am-72832 11:00am-72833 4:30pm-72834	5:30pm-72835	5:00pm-72837		5:00pm-72838	9:00am-72840 4:30pm-72839	8:30am-72841 11:00am-72842 11:30am-72843
Duck	9:00am-72552 10:30am-72554 11:30am-72553 5:30pm-73326 6:00pm-72555	4:30pm-72557 6:00pm-72556	6:00pm-72558	9:00am-72566 5:00pm-72559	5:30pm-72560	9:30am-72562 5:00pm-72563 6:00pm-72561	9:30am-72564 9:00am-73317 12:00pm-72565
Sea Turtle  *Swimmers must be at least 2 years old on the first day of class.	8:30am-72795 9:00am-72830 9:30am-72822 10:00am-72796 10:45am-72797 11:30am-72824 4:30pm-72798 5:00pm-72799 5:30pm-72816 6:00pm-72818 6:30pm-72819	4:30pm-72800 5:00pm-72801 5:30pm-72813 6:00pm-72817	4:30pm-72826 5:00pm-72828 5:30pm-72802	9:30am-72805 4:30pm-72803 5:30pm-72827 6:00pm-72804	4:30pm-72806 5:30pm-72808 6:00pm-72807	10:30am-72809 5:00pm-72811 5:30pm-72810 6:30pm-72820	9:30am-72821 9:45am-72825 10:00am-72812 10:30am-72814 12:00pm-72823 12:30pm-72815
Sea Otter  *Swimmers must be at least 3 years old on the first day of class.	8:30am-72753 9:00am-72765 9:30am-72754 9:45am-72775 10:00am-72755 11:30am-72759  4:30pm-72756 5:30pm-72757 6:00pm-72758 6:30pm-72791	4:30pm-72761 5:00pm-72783 5:30pm-72760 6:00pm-72789 6:30pm-72762	4:30pm-72763 5:00pm-72764 5:30pm-72784 6:00pm-72785	10:00am-72786 4:30pm-72766 5:00pm-72767 5:30pm-72768 6:30pm-72787	4:30pm-72769 5:00pm-72770 5:30pm-72771 6:30pm-72788	10:00am-72782 4:30pm-72772 5:00pm-72773 5:30pm-72774 6:30pm-72790	8:30am-72776 9:00am-72777 9:30am-72778 11:00am-72779 11:15am-72792 11:30am-72780 12:00pm-72781
Salamander	8:30am-72710 10:00am-72711 10:30am-72712 11:00am-72735 4:30pm-72713 5:00pm-72748 5:30pm-72714 6:00pm-72715	4:30pm-72716 5:00pm-72717 5:30pm-72718 6:00pm-72719	4:30pm-72721 5:00pm-72720 5:30pm-72727 6:30pm-72736	10:30am-72744 4:30pm-72723 5:00pm-72722 5:30pm-72737 6:00pm-72738 6:30pm-72739	4:30pm-72724 5:30pm-72725 6:00pm-72726	11:00am-72728 4:30pm-72741 5:30pm-72729 6:00pm-72730 6:30pm-72740	8:30am-72731 9:00am-72733 9:15am-72747 10:00am-72746 11:15am-72745 11:30am-72743 12:00pm-72734 12:30pm-72742
Sunfish	9:00am-72845 10:00am-73322 10:15am-72846 5:00pm-72847 6:00pm-72848 6:30pm-73327	5:15pm-72850 6:30pm-72849	6:00pm-72851 6:30pm-72861	5:30pm-72852 6:30pm-72853	6:00pm-72854 6:30pm-72856	4:30pm-72855 5:30pm-72857 6:00pm-73307	8:30am-72858 9:00am-73314 9:30am-72859 11:30am-72860
Crocodile	9:00am-72532 11:30am-72533 5:00pm-72534 6:00pm-73325	4:30pm-72535 6:45pm-72543	4:30pm-72536	4:30pm-72537 5:30pm-72538	5:00pm-72544 6:30pm-72539	4:30pm-72540	9:00am-72541 10:30am-72542 12:00pm-72545
Whale	9:00am-73063 5:00pm-73064 6:00pm-7331	5:30pm-73065	6:00pm-73072	6:30pm-73067	5:00pm-73071	6:00pm-73068	11:30am-73069 12:30pm-73070