

La Natation en Francais...

The instructor will be teaching the same great skills and activities of Red Cross Swim Kids, the only difference will be the language.

Starts: September 13th

Cost: Kids 1-4: 30 minutes: \$58.00/child | Kids 5-10: 45 minutes: \$61.00/child

Swim Kids 1	Wednesday	6:30pm-72893	Swim Kids 6	Wednesday	5:00pm-73027
Swim Kids 2	Wednesday	6:30pm-72933	Swim Kids 7	Wednesday	5:45pm-73038
Swim Kids 3	Wednesday	4:30pm-72966	Swim Kids 8	Wednesday	5:45pm-73049
Swim Kids 4	Wednesday	5:00pm-72990	Swim Kids 9	Wednesday	5:45pm-73057
Swim Kids 5	Wednesday	5:00pm-73011	Swim Kids10	Wednesday	5:45pm-72901

Fitness and Stroke Technique (F.A.S.T.)

(ALL F.A.S.T classes are 30 mins). The F.A.S.T. program is for individuals who have been in a swim kids level and who need to work on their strokes. Participants will also work on their fitness skills for the particular level. Participants do not need to be referred.

Starts: September 11th

Cost: 30 minutes: \$58.00/child

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
F.A.S.T. 3							11:00am-72571
F.A.S.T. 4							11:00am-72573
F.A.S.T. 5				7:00pm-72574			
F.A.S.T. 6				7:00pm-72575			
F.A.S.T. 7			5:30pm-72576				
F.A.S.T. 8			5:30pm-72577				
F.A.S.T. 9	7:00pm-72578						
F.A.S.T. 10	7:00pm-72570						

Private & Semi Private Lessons

These lessons are designed for children who require one-on-one instruction. Private lessons, in the event of a cancellation, will have the same policy as regular swimming lessons. There are no makeup lessons for missed classes.

Private/Semi Lesson Times: (30 minutes)

Starts: September 11th

Private / Semi Private – Cost:
 Private: \$166.00 / 10 classes
 Semi Private: \$115.00 per Participant / 10 classes

Please Note: Client is responsible for organizing the 2 children in semi-private lessons. They must be at the same level or have a 1 level difference.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8:30am-72701	4:30pm-72677	4:30pm-72591	5:00pm-72598	5:30pm-72664	5:00pm-72616	8:30am-72622
9:30am-72631	5:00pm-73296	6:00pm-72593	5:30pm-72599	6:00pm-73303	5:00pm-72617	10:15am-72626
9:30am-72632	5:30pm-72671	6:00pm-72650	6:00pm-72600	6:30pm-72608	5:30pm-72619	11:30am-72627
10:00am-72634	6:00pm-72652	7:00pm-72595	7:00pm-72603	7:00pm-72610	6:00pm-72620	11:30am-72628
10:00am-73323	6:15pm-72589	7:00pm-72596		7:00pm-72611	6:30pm-72621	12:15pm-72629
10:30am-72635	6:30pm-73297	7:00pm-72597		7:00pm-72612	6:30pm-72673	12:30pm-72630
11:00am-72636	6:45pm-72590				7:00pm-72683	12:30pm-72689
11:30am-72637	6:45pm-72594				7:00pm-72684	12:30pm-72700
11:30am-72638	7:00pm-72651				7:00pm-72685	
11:30am-72694	7:00pm-72660					
11:30am-73318	7:00pm-73298					
11:30am-73319						
4:30pm-72639						
5:00pm-72640						
5:00pm-72690						
5:30pm-72674						
6:00pm-72643						
6:30pm-72645						
7:00pm-72681						
7:00pm-72682						